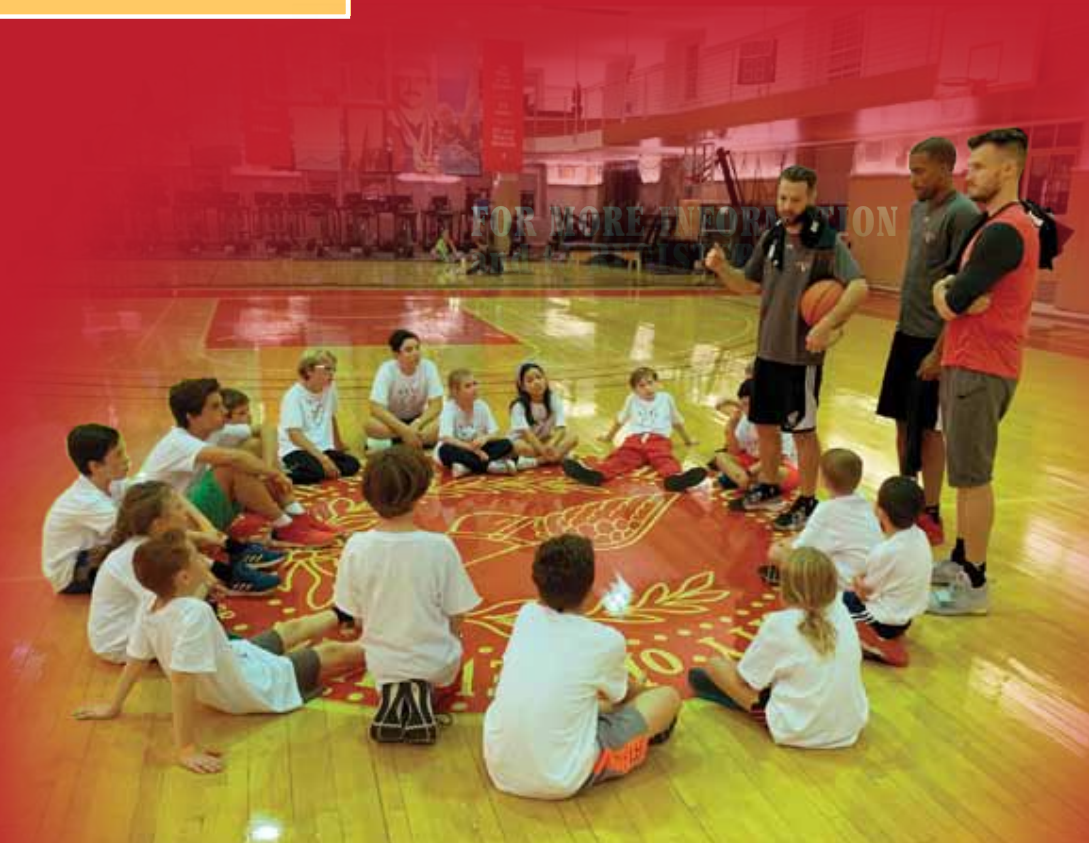


CALENDAR

	TRAVERS ISLAND
SPRING	Saturday Morning Program
SUMMER	Junior Sailing Junior Tennis Academy MITL Junior Swim/Dive Sport Summer Camp
FALL/ WINTER	Saturday Morning Program

FOR MORE INFORMATION AND TO REGISTER

Please e-mail Natasha Clare, Coordinator of Athletics, at NatashaC@nyac.org or call (212)-767-7094.



2021 NYAC

Junior PROGRAMS

The New York Athletic Club has created innovative programs for members' children in sports and recreational activities.

Children can take part in daily recreational activities and developmental programs at the City House and Travers Island that suit all skill levels.



TRIVERS ISLAND

SWIMMING and DIVING TEAMS

Developmental | Swimming Ages 8-17, Diving Ages 9-17

July 6th - Mid-August / 8:15am-9:45am Swimming, 8:15am-10am, Diving / \$275 per child. For families with multiple children on the team, the price for each individual child is \$237. An additional charge of \$75 per child applies if participating in both Swimming and Diving.

The program is designed to challenge swimmers and divers in a dynamic and skill-focused manner. The team is a part of the Westchester County Swim Conference and competes in five dual meets, plus the NYAC Invitational and county and conference championships.

E-mail Kevin Carolan | KevinC@nyac.org

TENNIS ACADEMY

Recreational | Ages 5-16

June 28th - September 3rd / 11:30am-3pm / Prices start at \$50 per half day, \$90 per full day per child / Please inquire about the half-day and full day options.

Our professional teaching staff uses contemporary instruction methods to teach participants the correct techniques, game fundamentals and strategies. Individual and small group instruction allows children to develop their skills at an appropriate pace. All skill levels are welcome. Half day and full day registration available.

The 2020 season was an exceptional one for our junior tennis program at Travers Island amidst COVID-19 protocols. For 2021, we will host the junior tennis program again with new and improved health and safety protocols for our children.

Please note that a cancellation fee of \$25 per day, per program will be implemented in the event the reservation is not cancelled at least 24 hours prior to the start of the program.

E-mail Natasha Clare | NatashaC@nyac.org



METROPOLITAN INTER-CLUB TENNIS LEAGUE (MITL)

Developmental | Ages 10-16

June 28th - September 3rd / 10am-3pm / Prices starting at \$41 per session. Please inquire about half day options, full day options and 10-packs.

The MITL (Metropolitan Inter-Club Tennis League) gives our juniors the opportunity to play matches against other clubs in the Westchester area. This year, because of COVID-19, the MITL league is canceled, but we will be organizing team matches with other clubs in the area. There are four groups: 9's, 11's, 13's and 16's and under. Summer MITL weekday practices are held Monday through Friday 10am - 11:30am followed by the High-Performance Program from 11:30am until 12:30pm and ending with MITL practice 1:30 - 3pm beginning June 28th through September 3rd.

MITL PRACTICE

NYAC Tennis Member	\$41/clinic	\$370/10-pack
NYAC Member	\$45/clinic	\$410/10-pack

HIGH-PERFORMANCE

NYAC Tennis Member	\$28/clinic	\$250/10-pack
NYAC Member	\$30/clinic	\$270/10-pack

Please note that a cancellation fee of \$25 per day, per program will be implemented in the event the reservation is not cancelled at least 24 hours prior to the start of the program.

E-mail Natasha Clare | NatashaC@nyac.org

JUNIOR SAILING

Developmental | Ages 6-17

June 28th - August 20th / AM Session 9:30am-12:30pm, PM Session 1:30pm-4:30pm. One-week sessions are offered for beginners. Two-week sessions are offered for beginners, intermediate, and advanced junior sailors. Spaces are limited for this program. Members may not sponsor a guest.

From beginner to racer, this program teaches fundamental skills, sailing maneuvers and the safety instruction that can lead to a lifetime of on-the-water enjoyment. Our professional, certified instructors use a combination of classroom training and on-water instruction. Sailors are required to bring their own lifejackets and water shoes; a sailing helmet is recommended for beginners.

Please note that a cancellation fee of \$25 per day, per program will be implemented in the event the reservation is not cancelled at least 24 hours prior to the start of the program.

E-mail Natasha Clare | NatashaC@nyac.org

SATURDAY MORNING PROGRAM

Recreational | Ages 6-13

Summer SMP Dates: May 1st, 8th, 22nd and June 6th, 12th, and 19th
Fall SMP Dates: September 18th, 25th and October 2nd, 9th, 16th, and 23rd.

The Travers Island SMP exposes children to teamwork and social skills while offering basic to advanced instruction in numerous sports under the direction of our top top-class coaches and athletes.

E-mail Natasha Clare | NatashaC@nyac.org

WEEK-LONG SUMMER CAMPS

Recreational | Ages 6-17

Summer 2021

Stay tuned for more information regarding our week-long sport summer camps for soccer, rugby, lacrosse, and fencing. More details to come.

Please note that a cancellation fee of \$25 per day, per program will be implemented in the event the reservation is not cancelled at least 24 hours prior to the start of the program.

E-mail Natasha Clare | NatashaC@nyac.org

