



TRAVERS ISLAND Junior Programs

Summer 2024



Junior Swim and Dive

The Junior Swim and Dive Team is designed to challenge swimmers and divers in a dynamic and skill focused manner. The team is a part of the Westchester County Swim Conference and competes in five dual meets, the NYAC Invitational and both County and Conference Championships.

Ages: 6-17

Cost(plus tax): \$394 first child; \$315 each additional child; additional \$79 each participant of both Swim & Dive

Pre-Season is included in the regular season cost.

SWIM PRACTICES

Pre-Season

Dates: June 17th-June 21st

Times: Monday-Friday

- 3:30pm-4:15pm (Ages 8 & under)
- 4:15pm-5:15pm (Ages 9 & over)

Regular Season

Dates: June 24th-August 7th

Times: Monday-Friday 8:30am-10am

DIVE PRACTICES

Pre-Season

Dates: June 17th-June 21st

Times: Monday, Wednesday & Friday 4pm-5:15pm

Regular Season

Dates: June 24th-August 2nd

Times: Monday-Friday 9:30am-11am

Additional Details:

- Children must be pool members to participate.

For private lessons, please contact Kevin Carolan at kevinc@nyac.org

Pre-Team Swim

Our Pre-team is perfect for beginners and those who would like to sharpen their swim skills before joining the formal team.

Ages: 5-8

Cost(plus tax): \$294 per child

Dates: June 24th-July 26th

Times: Monday-Friday 12pm-12:45pm or 12:45pm-1:30pm

Additional Details:

- Children must possess basic water safety skills.
- Children must be pool members to participate.
- There will be no program on July 4th.

Junior Water Polo

The water polo program is coached by members of the NYAC's adult water polo team. Beginners with basic swimming skills are encouraged to come and play.

Join us and learn the rules of the game while developing your skills.

Ages: 7-17

Cost(plus tax): \$169 per participant

Dates: June 8th-August 10th

Times:

- June: Saturday 8:30am-10am
- July & August: Wednesday 5:30pm-7pm & Saturday 8:30am-10am

Additional Details:

- There will be no program on July 3rd and July 6th.
- Please note that in the event there is inclement weather, or a swim meet is scheduled during program hours, a make-up practice will be scheduled, and parents/guardians will be notified via e-mail.

MITL Team Tennis

The MITL (Metropolitan Inter-Club Tennis League) gives our juniors the opportunity to play matches against other clubs in the Westchester area. The MITL team matches are played from mid-June until later July, culminating with the individual MITL championships in early August. There are four age groups (8's, 11's, 13's, and 16's) and each team has a designated pro who helps organize team matches and train members on the team.

Ages: 8-16

SPRING MITL PRACTICES

Cost(plus tax):

- NYAC Tennis Member: \$65/clinic
- NYAC Non-Tennis Member: \$70/clinic

Dates: May 21st-June 22nd

Times: Tuesday, Thursday & Saturday 4pm-6pm

SUMMER MITL PRACTICES

Cost(plus tax):

- NYAC Tennis Member: \$48/clinic or \$440/10 pack
- NYAC Non-Tennis Member: \$52/clinic or \$475/10 pack

Dates: June 24th-August 23rd

Times: Monday-Friday 10am-11:30am or 1:30pm-3pm

SUMMER HIGH PERFORMANCE MITL PRACTICES

Cost(plus tax):

- NYAC Tennis Member: \$34/clinic or \$310/10 pack
- NYAC Non-Tennis Member: \$36/clinic or \$330/10 pack

Dates: June 24th-August 23rd

Times: Monday-Friday 11:30am-12:30pm

Additional Details:

- To receive the NYAC Tennis Member discount, children must be a tennis member
- There will be no program on July 4th.

For private lessons, please contact Martin Smith at martystennis@gmail.com

Junior Tennis Academy

The Junior Tennis Academy includes fun games and challenging drills designed to teach our juniors game fundamentals and help them appreciate this sport of a lifetime. All skill levels welcome. For our younger participants, we use modified courts and equipment to build confidence and produce longer rallies and point play. Each week is filled with engaging activities. Lunch will be provided for participants in the all day program option.

Ages: 4-15

Cost(plus tax):

- Half Day Per Session: \$54
- Full Day Per Session: \$100

Dates: June 24th-August 16th

Times: Monday-Friday

- Morning Session: 11:30am-1pm
- Afternoon Session: 1:30pm-3pm
- Full Day Session: 11:30am-3pm

Additional Details:

- Participants will be required to bring their own tennis rackets.
- There will be no program on July 4th.



Junior Sailing

The NYAC Junior Sailing Program at Travers Island teaches fundamentals and advanced sailing skills, emphasizing the fun and safe way to operate a boat and be on the water. Our certified instructors use a combination of on-water and land-based instruction to introduce and teach sailing at all levels. Sailors enrolled in the racing program will be encouraged to compete in inter-club regattas organized by the Junior Sailing Association of Long Island Sound.

Ages:

- Sea Pups: 6-7 by December 31, 2024
- Opti Beginner: 8-11 (weight < 110lbs)
- Opti Intermediate: 8-11 (weight < 110lbs)
- Opti Race: 10+ (weight < 110lbs)
- FEVA Beginner: 11-14 (weight \geq 90lbs)
- FEVA Advanced: 12-17 (weight \geq 90lbs)
- Double Handed Race: 14-17 (weight \geq 110lbs)

Cost(plus tax):

- Sea Pups Per Session: \$1,220
- Opti & FEVA Beginner Per Session:
 - Morning Session: \$1,080
 - Afternoon Session: \$1,220
- Opti Intermediate, Opti Race, FEVA Advanced, Double Handed Race Per Session: \$2,324



Dates:

Session 1:
June 24th-July 5th

Session 2:
July 8th-July 19th

Session 3:
July 22nd-August 2nd

Session 4:
August 5th-August 16th

Times: Monday-Friday

- Sea Pups: 11:30am-4pm
- Opti & FEVA Beginner: 8:30am-11:30am or 11:30am-4pm
- Opti Intermediate, Opti Race, FEVA Advanced, Double Handed Race: 8:30am-4pm

Additional Details:

- Sailors are subject to a 2-week requirement when enrolling. Each session includes the 2-week minimum.
- Cancellations must be received by Thursday at 4pm before the session begins. Failure to communicate about a cancellation will result in a 50% charge of the program fees.
- Refunds and/or makeup days will not be given due to sickness, inclement weather, or vacations.
- A waiting list will be formed in the event that a specific group becomes full for any given session. Notification of the waitlist will be sent via email from the Manager of Junior Programs.
- There will be no program on July 4th.

For Jr. Programs questions, please send an email to jrprograms@nyac.org

Winged Foot Day Camp

The Winged Foot Day Camp will make its return to Travers Island for the 2024 summer season. Register your child today to participate in a historic NYAC tradition where they will be able to participate in sports, creative arts, theme days and field trips each week. Our day camp is designed to provide a safe and fun environment where new experiences, a passion for athletics and friendships are cultivated.

Ages: 6-13 (Must be 6 years old by June 23, 2024)

Cost(plus tax): Day Camp tuition includes a uniform, weekly field trips, and daily lunch.

- \$1,150 per week without transportation
- \$1,450 per week with transportation

Sibling discount: A 5% discount will be applied to each child after the first registered. *Note: Siblings will be eligible for this discount if they are registered and attend the same week.* The discount will also be applied as a credit at the end of the summer to your statement.

Deposit: A \$150 non-refundable deposit is required for each week registered. This will confirm your child's spot and will be applied to your member statement at the time of registration. The deposit will be applied to the total cost of the tuition.

Payment: Day camp tuition will be posted in full to your member statement on June 3rd.

For more details regarding cancellations/adjustments policies, please see the "Day Camp Policies" on the next page

Dates:

Week 1: Luau June 24th-June 28th	Week 2: Party in the USA July 1st-July 5th <i>Camp will not be held on July 4th.</i>	Week 3: Safari July 8th-July 12th	Week 4: Olympics July 15th-July 19th	Week 5: Adventure July 22nd-July 26th
-------------------------------------	--	--------------------------------------	---	--

Calendar of Field Trips: Coming soon

Times: Monday-Friday 9am-3pm

- Morning Dropoff: Campers should plan to arrive 10 minutes before the start of camp to ensure they are ready for the day. Parents/guardians will need to sign in their camper at the start of every day.
- Afternoon Pickup: Dismissal will be at 3pm. Campers are not permitted to leave unless signed out by a parent/guardian. *Note: Children under the age of 14 years old are not permitted to be on Travers Island property unless accompanied by a parent/guardian.*
- Field Trips: All field trips will take place during day camp hours. In the event there is a delay on the return to Travers Island, WFDC families will be notified.

Transportation:

- Morning Pickup: Buses will begin picking up children at 7:15am and will be brought to Travers Island in time for the start of camp.
- Afternoon Dropoff: Buses will begin dropping of children at 3:15pm.

For more details regarding transportation policies, please see the "Day Camp Policies" on the next page

Day Camp Policies:

REGISTRATION

- Spots are limited. Registration will be considered on a first-come, first-served basis.
- All policies for Youth Programs at the NYAC remain in effect, such as a valid medical form and completed waivers must be submitted prior to participation.
- Siblings must be registered for the same week for Day Camp to have access to transportation.
- Cancellations or adjustments to registration must be made by **May 24th**. Requests for cancellations or adjustments may be sent to daycamp@nyac.org.
 - Cancellations to registration made **before May 24th**, may be refunded with any fees paid thus far, except for the \$150 non-refundable deposit per week cancelled.
 - Refunds will not be permitted **after May 24th**.
 - Adjustments to registration including, but not limited to switching weeks and transportation logistics **after May 24th**, will be subject to an administrative fee.
- A waitlist will be formed in the event that a specific week becomes full. Notification of the waitlist will be sent via e-mail by the Day Camp Director.

TRANSPORTATION

- Pickup and dropoff locations must be submitted at the time of registration. Cancellations or adjustments to the bus route must be made by **May 24**, and emailed to daycamp@nyac.org. Any cancellations or adjustments to the bus route made after the deadline will be subject to an administrative fee.
- Parents/guardians must be at the pickup and dropoff location each day their child is registered. Names must be listed in the "Authorized pickup/dropoff contact" section of the registration. Parents/guardians must present a valid form of identification to the staff member on board.
 - Additional authorized contacts must be at least 18 years old.
 - Last minute authorization requests may be considered 24-48 hours before the pickup and dropoff. All authorization requests will be confirmed by the Day Camp Director.
- Failure to have an authorized adult present or a valid form of identification at the pickup and dropoff location will result in the child being brought to the City House and will be subject to a late pickup fee.

GUESTS

- Guests are not permitted to attend the Winged Foot Day Camp.

MEDICAL FORM/CONSENT FORM

- Waivers and valid medical forms, including a physical and immunization record with a signature or stamp from a doctor's office, are required to be submitted prior to participating.